

ALLIANCE HOCKEY

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ALLIANCE HOCKEY BULLETIN

ID: 23-027

Date: November 6, 2023

To: All ALLIANCE Hockey Members

Re: Hockey Canada – USAH Equipment

With the attention on neck guards over the last number of days, we wanted to remind members that Hockey Canada and USA Hockey have a reciprocal understanding regarding equipment, allowing teams for each respective Federation to play games in the other country using their required equipment.

As a result, American teams can play exhibition games and tournaments without neck protection (which is required under the HC playing rules) in Canada, and Canadian teams can play in the United States without wearing mouthguards (which is a USAH requirement).

USAH teams playing in Hockey Canada Leagues are required to follow [Hockey Canada Playing Rules](#).

****Note:** if members have policies requiring mouthguards, those would still apply when playing in the States.

Please also note the [Proper Fit and Use of Equipment](#) article on the ALLIANCE Hockey website providing more tips and information on protective equipment.



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